Matters of the Mind
Newsletter
Department of Psychiatry and Behavioral Sciences

Volume 4 Issue 6
Jun 30, 2016

Clinical News

Cara Angelotta, MD – Dr. Angelotta will be starting as an Instructor on July 18, 2016. She will serve as a team leader on the Galter-13 inpatient unit for the majority of her time and will also care for patients at the Arkes NMG Psychiatry Clinic. She will be responsible for teaching and supervising medical students, residents, and trainees on various activities in the Department. She will also continue her research interests in forensics and perinatal psychiatry.

Nanette Benbow, MAS – Ms. Benbow started as a Research Assistant Professor on June 15, 2016. She will work with C. Hendricks Brown, PhD and Richard D'Aquila, MD on STI/HIV-related research as a PI and collaborator on various grants.

Mark Chapman, MD – Dr. Chapman will be starting as an Instructor on July 18, 2016. Dr. Chapman will provide leadership for one of the treatment teams in the Stone Mental Health Center (SMHC). He will also complete forensic psychiatric evaluations as well as care for patients in the Onterie NMG Psychiatry Clinic. He will be responsible for teaching and supervising medical students, residents, and trainees on various activities in the Department.

Matthew Gambino, MD/PhD – Dr. Gambino starts as a Coterminous Lecturer on July 1, 2016. He will training residents at Jesse Brown VA Medical Center. He will also participate in other educational programs within the Department.

Saurabh Gupta, MD – Dr. Gupta starts as an Adjunct Instructor on July 1, 2016. He is the Clinical Director of Hartgrove Behavior Health System. He will collaborate with Dr. Herbert Meltzer on neurocognitive testing and also help develop training for neurocognitive testing in the Department.

Benjamin Jacobson, MD – Dr. Jacobson will be starting as Health System Clinician on July 11, 2016. He will serve as a medical director to develop best practices for the delivery of mental health services and assist in the educational program of the Family Medicine residency. For his clinical care he will provide treatment and consultation services for patients with psychiatric issues in the NLFH Emergency Department and inpatient/surgical units and develop an outpatient psychiatric practice. Additional he will supervise and teach fellows, residents, and medical students.

Dana Mahmoud, DO – Dr. Mahmoud will be starting as an Instructor and Women’s Behavioral Health Fellow on August 1, 2016. Dr. Mahmoud will provide outpatient treatment at Arkes NMG Psychiatry Clinic and she will also engage in clinical research with Katherine Wisner, MD and Crystal Clark, MD on psychopharmacology studies in pregnant women. Dr. Mahmoud will teach, train, and mentor students and trainees in the Department.

Zina Meriden, MD – Dr. Meriden will be starting as an Assistant Professor on August 1, 2016. She will serve as a team leader in the inpatient psychiatry unit on Galter-13 and will also provide outpatient care in the Onterie NMG Psychiatry clinic. She will teach and provide supervision to psychiatric residents and medical students in the Department.
PGY2 Chandan Khandai was chosen as a Resident Fellow Awardee from the Association for Academic Psychiatry. This will fund his attendance at two AAP meetings, national mentorship, and special workshops.

PGY3 Alexandra Aaronson presented a poster titled, “Aggression Following Traumatic Brain Injury: Could Seizures Play a Role?” at the recent meeting of the American Neuropsychiatric Association in San Diego, CA on March 16-19. Dr. Aaronson’s mentor is Jordan Grafman, PhD at RIC.

PGY3 Alexandra Aaronson presented a poster titled, “Happiness and Wellbeing Following penetrating Traumatic Brain Injury” at Society of Biological Psychiatry Annual meeting. She was also awarded the Chair’s Choice Travel Fellowship!
Joan Anzia, MD and several residents presented at the APA annual meeting in Atlanta, GA May 15-17, 2016.

Presentations and Workshops
- Borderline Personality Disorder: New Perspectives; symposium with Joan Anzia, M.D, John Gunderson, M.D, Lois Choi-Kain, M.D, and Glen Gabbard, M.D.
- Patient Suicide: The Ripple Effect; symposium with Joan Anzia, M.D, James Lomax, M.D, Deepak Prabhakar, M.D, and Sidney Zisook, M.D.
- Close Encounters of Three Kinds: Challenges in the Residents’ Clinic, workshop with Alexandra Regenbogen, M.D, Sara Ashurst, M.D, and Molly Lubin, M.D.

Posters
- Our Past, Present and Future: Addressing Diversity in Psychiatric Training & Diversity Systemic/Academic Strategic Initiatives. Auralyd Padilla, MD; Daena Petersen, MD, MA; Lisette Rodriguez-Cabezas MD; Paula Marie-Smith, MD; Roberto Montenegro, MD, PhD; Ranna Parekh MD, MPH; Ed Childs, MD
- Assessing Perceived Need and Barriers to Residents Seeking Mental Health Care. Alexandra Aaronson MD, Katherine Backes MD, Gaurava Agarwal MD, Joshua Goldstein MD, Joan Anzia MD
- Medical Complications Associated with Delays in Public Guardianship Assignment. Rebecca Goedken, MD

A special McGaw Medical Center of Northwestern University Award, The Commitment to Diversity Award was established this year. This award is for leadership and devotion to improving underrepresented minority diversity and mentorship and was named for John Franklin, MD, associate dean for Minority and Cultural Affairs and faculty member in our Department.

“We appreciate John Franklin’s leadership and his work in pushing the mission of diversity and inclusion here at Northwestern,” said Joshua Goldstein, MD, ’02 GME, associate dean for Graduate Medical Education. This award, presented annually by McGaw and the Office of Diversity and Inclusion, recognized former co-chief resident in radiology Joseph Graves, MD, ‘16 GME, for his participation in the residency showcase, the Student National Medical Association conference, and for his involvement in the recruitment of underrepresented minorities in medicine. Graves will begin his fellowship in emergency and trauma imaging at Emory University in July.
## Grants and Awards

**Gaurava Agarwal, MD** attended the ADMSEP annual meeting and was awarded the Devneil Vaidya Junior Faculty Teaching Award. We are pleased that our work on our clerkship has been recognized nationally!

**Hongxin Dong, PhD** (PI); Sponsor: National Institute of Mental Health; Title: Age-Related Histone Modification Effect on Antipsychotic Action

**Robert Lloyd, M.D, PhD,** was chosen as a Junior Faculty Awardee from the Association for Academic Psychiatry.

**Mark Reinecke, PhD** has been elected a Fellow of the Society of Family and Couple Psychology for his work on relations between parenting practices, attachment security, family interactions and children’s moods.

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## Presentations and Conferences

On April 28 and 29, our Department and Harvard’s McLean Hospital co-sponsored a Midwest Training Conference for psychiatry faculty and program directors in “Good Psychiatric Management of Borderline Personality Disorder”. The conference was co-chaired by John Gunderson, M.D, and Lois Choi-Kain, M.D, of Harvard/McLean, and **Joan Anzia, M.D.** of our Department. The conference was attended by over 60 psychiatry program directors and core faculty members from Illinois, Michigan, Iowa, Wisconsin, Indiana, and Minnesota. The purpose of the workshop was both to 1) educate faculty in the Gunderson approach to the treatment of borderline personality disorder and 2) to train them to supervise psychiatry residents in the method.

**Wei-Jen Huang, PhD** to serve as a Plenary Speaker for the 2016 American Psychological Association Convention. Please see the link below.

[Dr. Huang Singapore Government Keynote-APA Plenary-Channel News Asia Interview](#)
Other News

Pictures from the 2nd Annual Departmental Faculty Retreat, June 3-4th

2nd Annual Departmental Faculty Retreat

June 3-4th 2016
George Williams College at Aurora University
If you would like to submit an item or photo to the newsletter, please email Rachel Rodriguez at rrodrig3@nm.org for information.