

# Matters of the Mind

## Newsletter

### Department of Psychiatry and Behavioral Sciences

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**M Northwestern Medicine**<sup>®</sup>

Feinberg School of Medicine

## Announcements

**Eric Gausche, MD** – Dr. Gausche will be starting as an Assistant Professor on May 1, 2016 in the Department. Dr. Gausche will be providing care in the Consultation-Liaison service, and he will also take part in providing care at the Arkes Psychiatry Clinic for outpatient care. Furthermore, Dr. Gausche will be taking over the role of Assistant Clerkship Director, and will participate in the supervision and mentoring of medical students, residents, and fellows within the Department, and offer lectures and seminars in neuropsychiatry.

**Heather Risser, PhD** – Dr. Risser will be starting as an Assistant Professor on May 1, 2016 in the Department. Dr. Risser will serve as the Associate Director for the Mental Health Services and Policy Program (MHSPP), overseeing the research and educational aspects of MHSPP. She will continue her research, mentor, and teach students, fellows, and trainees.

**Dorothy Sit, MD** – Dr. Sit will be starting as an Associate Professor on May 15, 2016 in the Department. Dr. Sit will provide clinical care to outpatients at the Arkes Psychiatry Clinic, as well as teach and supervise medical students, residents, and fellows. Dr. Sit will also continue her research within the Asher Center for the Study and Treatment of Depressive Disorders.

## Clinical News

The Illinois chapter of the American Psychiatric Nurses Association held a successful conference at NMH on March 5th with over 200 in attendance. NM has several individuals that are on the Board of directors and were instrumental in the conference planning. This group includes **Richard Ray, Pat Roberts, Maureen Slade, Evelyn Perkins, Amy Rust, Tony Amberg, and Lita Sabonis.**

## Education News

**Joan Anzia, MD** was given the 2016 McGaw Distinguished Service Award at the McGaw Annual Program Directors' Retreat; for establishing the resident and fellow Wellness Program, which increases access to mental health care for trainees. She was also given an honorary faculty appointment in the Department of Medical Education.

## Presentations and Conferences

**Nicole Azores-Gococo, M.S.**, doctoral candidate, presented two papers at the American Psychology-Law Society Annual Conference, March 10-12, in Atlanta, GA: "Risk Factors for Poor Adult Functioning: A 12-Year Longitudinal Study of Detained Youth" (co-authors: **Karen Abram, PhD; Leah Welty, PhD;** David Aaby, M.S.; Amelie Petitclerc; PhD; and **Linda A. Teplin, PhD**) and "Sentencing Evaluations at an Urban Juvenile Court Clinic: Examining Risk & Protective Factors and Demographic Differences" (co-author, **Rachel Tait, PsyD**).

Third Coast Center for AIDS Research 2016 Symposium: Building Academic-Public Health Partnerships to End the HIV Epidemic Thursday Co-Organized by **Nanette Benbow**, March 31st

**Hendricks Brown, PhD** NIH: Pathways to Prevention Advancing Research to Prevent Youth Suicide Tuesday, March 29th

## Presentations and Conferences, continued

**Crystal Clark, MD** presented the Virginia Tarlow, MD, Grand Rounds on March 23 – Medication Management of Pregnant Patients with Bipolar Disorder: Controversies and Advances

**Dresner N**, Moderator, Ledesma R, Baer W, Biting the Hand that Feeds Her; From Overeating to Disordered eating: Consequences and Beyond. Academy of Psychosomatic Medicine Annual Meeting, New Orleans LA, November 2015

**Justin D. Smith, PhD** Family Check-Up to the Cook County Juvenile Court Clinic Tuesday, March 15th, Hosted by **Barbara Kahn**, Dept. of Psychiatry and Behavioral Sciences.

## Publications

**Dresner N**, Byatt N, Gopalan P, Miller L, Sachdeva J, “Updates in the Psychiatric Care of Peri-partum Women”. *Psychiatric Times*, December 2015

McLafferty LP, Becker M, **Dresner N**, Meltzer-Brody S, Gopalan P, Glance J, St Victor G, Mittal L, Marshalek P, Lander L, Worley LM, “Guidelines for the Management of Pregnant Women with Substance Use Disorders”. *Psychosomatics* March 2016; 57:2

**Massey SH, Backes KA, Schuette SA**. Plasma Oxytocin Concentration and Depressive Symptoms: A Review of Current Evidence and Directions for Future Research. *Depress Anxiety*. 2016 Apr;33(4):316-22. Epub 2016 Jan 12. Review

**Massey SH**, Reiss D, Neiderhiser JM, Leve LD, Shaw DS, Ganiban JM. Maternal personality traits associated with patterns of prenatal smoking and exposure: Implications for etiologic and prevention research. *Neurotoxicol Teratol*. 2016 Jan-Feb;53:48-54.

**Smith MJ**, Greenberg JS, Sciortino SA, Sandoval GM, Lukens, EP (2016). Life course challenges faced by siblings of individuals with schizophrenia may increase risk for depressive symptoms. *Mental Health in Family Medicine*, 12, 147-151.

Bérard A, **Wisner KL**, Hultsch S, Chambers C. Field studies versus database studies on the risks and benefits of medication use during pregnancy: Distinct pieces of the same puzzle. *Reprod Toxicol*. 2016 Feb 10;60:123-128. [Epub ahead of print]

**Zebracki, K.** & Vogel, L. (2016). The road ahead. [Editorial]. *Topics in Spinal Cord Injury Rehabilitation*, 22(1), 1-2. doi: 10.1310/sci2201-1

## Media

**Crystal Clark, MD's** op-ed in Publication in Pacific Standard, You're Pregnant: What Do You Know About the Medication You are Taking? <https://psmag.com/you-re-pregnant-what-do-you-know-about-the-medication-you-re-taking-6f71b89a209b#.dnh6jedw7>

An article by **Sheehan Fisher, PhD** appears in Slant News media: <https://www.slantnews.com/story/2016-03-01-fathers-deserve-praise-for-more-than-their-dad-bods-fatherhood-dove-men-care>

## Grants and Awards

**Sheehan D. Fisher, PhD** (PI); Sponsor: Cystic Fibrosis Foundation (via Ann & Robert H. Lurie Children's Hospital of Chicago); Title: Implementation of the depression and anxiety guidelines: Award for a Mental Health Coordinator

**Justin D. Smith, PhD** received the Samuel J. and Anne G. Beck Award for outstanding early career research in the field of personality assessment. It is bestowed annually by the Society for Personality Assessment in collaboration with the University of Chicago Department of Psychology. Dr. Smith is on the Board of Trustees of the Personality Assessment; is Associate Editor of the Journal of Personality Assessment and Co-Editor of the journal's Clinical Case Applications Section; and he has received four awards for distinguished contribution to the published literature in personality assessment (Martin Mayman Award in 2009 and 2012; Walter G. Klopfer Award in 2014; Mary S. Cerney Award in 2011)

## Other News

**Alan Tony Amberg, APN PMHNP-BC** on the psychiatric consult liaison service is the new President-Elect of the Illinois APNA chapter (American Psychiatric Nurses Association). He recently presented his talk "How not to prescribe Benzodiazepines: You're getting nervous already, aren't you?" to the Illinois State APNA conference (over 200 in attendance). Also, in a unique addition to New Employee Orientation for all RNs, he has worked with the NM Academy to develop and is the key speaker for the monthly "Psychiatric Boot Camp." This is a new 3-hour workshop that includes didactic, case study and hands on introduction to care of the psychiatric patient on the medical floors (psychosis, delirium, suicidality, lack of capacity/elopement).

Our NMG practice manager, **Arshia Wajid MBA, MPH** was interviewed by the State Department's Share America division. <https://share.america.gov/pick-cause-that-you-are-passionate-about/>

**If you would like to submit an item or photo to the newsletter, please email Rachel Rodriguez at [rrodrig3@nm.org](mailto:rrodrig3@nm.org) for information.**