Announcements

October 2017

Erica Sieg, PsyD – Health System Clinician: Dr. Sieg recently completed her fellowship in Neuropsychology in the Department of Psychiatry and Behavioral Sciences and she will stay on in the Department providing neuropsychological consultations.

November 2017

John Walkup, MD – Professor, Investigator: Dr. Walkup will be starting as the new Department Head of Child and Adolescent Psychiatry and Director of Child and Adolescent Psychiatry at Ann & Robert H. Lurie Children’s Hospital of Chicago. He will also be appointed as a Professor and the new Chief of Child and Adolescent Psychiatry in the Department of Psychiatry and Behavioral Sciences. Dr. Walkup comes to us from Weill Cornell Medical College where he served as a Professor and the Vice Chair in their Department of Psychiatry. He also served as the Director of the Division of Child and Adolescent Psychiatry at New York–Presbyterian Hospital. Dr. Walkup is an international authority on Tourette Syndrome with extensive experience as a Principal Investigator in NIH-funded treatment trails in child and adolescent psychopathology, including for mania and anxiety. Prior to his tenure at Cornell, Dr. Walkup spent 20 years at Johns Hopkins School of Medicine, where he served as Professor and Deputy Director of the Division of Child and Adolescent Psychiatry. After receiving his undergraduate and medical degrees from the University of Minnesota, Dr. Walkup completed his residency in psychiatry and fellowships in child and adolescent psychiatry and research at Yale University School of Medicine.

Jonathan Adelstein, MD – Assistant Professor, Clinician-Educator: Dr. Adelstein will practice at NMG Psychiatry outpatient clinics that are aligned with his academic interests and will provide care for psychiatric outpatients with some focus on addiction-related disorders. He will also provide care at the Gateway Foundation offsite location. Dr. Adelstein just completed his fellowship in Addiction Psychiatry at the University of Washington Medical Center. Prior to that, he completed his residency at NYU Langone Medical Center and Bellevue Hospital in General Psychiatry. Dr. Adelstein will also participate in educational programs in the Department, mentoring and teaching trainees, interns, and students.

Emily Rogalski, PhD – Associate Professor, Investigator: Dr. Rogalski is currently a Research Associate Professor in the Cognitive Neurology and Alzheimer’s Disease Research Core Center and a site Principal Investigator for the Alzheimer’s Disease Research Initiative and the Connectome Imaging Project in Frontotemporal Dementia. Emily Rogalski, PhD received her doctorate in Neuroscience from Northwestern University and completed a postdoctoral fellowship at Rush University on imaging in Alzheimer’s disease. In her new role, she will continue her activity as Core Member of the CNADC and will serve as the Associate Director of the NIA-funded Northwestern Alzheimer’s Disease Center (ADC) and will assist the Director of the ADC in overseeing all ADC activities. Dr. Rogalski will also continue to expand her independent research programs and provide mentoring and teaching to trainees and students in the Department.

Education News

We have a first for our program - the Laughlin Fellowship is arguably one of the most (if not THE most) prestigious and competitive resident/fellow awards in our field - there are twelve annually - its purpose is to distinguish and mentor future leaders in psychiatry. Almost uniformly these go to East or West-coasters - i.e. the Harvard programs, Columbia, Cornell, Yale, or UCLA/UCSF/UCSD/Stanford. Elizabeth Ryznar, MD, our PGY3, has broken the Midwest glass ceiling on the Laughlin, and we are SO proud! She is also a McGaw Clinical Education scholar.

Nancy Jao received the APA Dissertation Research Award, the NU TGS Graduate Research Award, and the SRNT Health Disparities Network Travel Scholarship.

Alden, E.C. did a platform presentation at INS Verbal working memory and hippocampal surface anatomy in high and low functioning schizophrenia (accepted as: PAPER / Oral Presentation)


**Clinical News**

**Evelyn Perkins** presented at Jesse Brown VA’s multidisciplinary Grand Rounds November 15, 2017 on Violence and the Brain.


**Evelyn Perkins** presented at the American Psychiatric Nurses Association’s National Conference-Forensic Panel, Oct 20, 2017 on Trauma Informed Care of Incarcerated Persons

**Presentations**

**Arthur Nielsen, MD** presented a Lecture/Workshop: “A Roadmap for Couple Therapy: My Personal Journey to a More Effective Model,” to the 8th World Congress of Psychotherapy, UNESCO HQ, Paris, France, 7/26/17

**Arthur Nielsen, MD** presented “A Roadmap for Couple Therapy” 3 hour workshop sponsored by the Chicago Institute for Psychoanalysis, 10/14/17.

**Arthur Nielsen, MD** was a discussion leader after performance of Sam Shepard’s play, True West, at Chicago’s Shattered Globe Theatre 10/9/16.

**Arthur Nielsen, MD** presented "Common Couple Types and Some Other Lessons for Psychoanalysts from Couple Therapy” to Institute for Psychoanalysis Research Seminar 4/12/17.

**Arthur Nielsen, MD** presented “What Underlies the TV Series, Masters of Sex?” continuing education workshop by Institute for Psychoanalysis, with James Anderson and Christine Sterkel, 4/15/17.

**Arthur Nielsen, MD** presented “Conflict in Committed Relationships,” Psychiatric Grand Rounds, St. Anthony Hospital, Chicago, IL, 4/26/2017.


**Task in Individuals across the Psychosis Spectrum and Relatives with Elevated Psychosis Spectrum Personality Traits.**

**Elizabeth Waldron** won the 2017 American Psychological Foundation Ungerleider/Zimbardo Travel Scholarship and the 2017 American Psychological Association Student Travel Award.

**Lindsey Weil** received the Lizette Peterson-Homer Prevention Grant to support her dissertation.


**Richard Ray** was awarded the Individual Innovation Award by the American Psychiatric Nurses Association at the National Conference in Phoenix, AZ

**Richard Ray** was awarded the Pinnacle Award for Nursing Leadership Nov 10, 2017 at the Chicago Hilton


**Sita E, Ball MD, Rosenthal LJ.** “Results of opiate screening assays and adulterants at a tertiary care hospital.” Poster presented at the Academy of Psychosomatic Medicine Annual Meeting, 64th Annual Conference, Academy of Psychosomatic Medicine. 2017 November 8-11; Palm Springs, California

**Katherine Wisner, MD** presented her work on psychotropic drug use during breastfeeding at the American Academy of Pediatrics annual meeting, held at McCormick Place.
Katherine Wisner, MD and colleague obstetrician Cate Stika, MD participated in a “brainstorming session” organized at the European College of Neuropsychopharmacology in Paris, France, about the assessment of risks and benefits of psychotropic drug treatment in pregnancy.

Kathy Zebracki, PhD presented an instructional course (Comprehensive interprofessional management of spinal cord injury in infants and young children) and a poster (Areas of post-traumatic growth following pediatric-onset spinal cord injury) at the 56th International Spinal Cord Society Annual Scientific Meeting, Dublin, Ireland in October.

Publications


Waldron, E.M. (2017, August). Lack of diversity in research on mindfulness-based interventions. In I. Burnett-Zeigler (Chair), Cultivating strong, mutually-beneficial academic and community partnerships to conduct research on mind-body interventions with under-served populations. Symposium conducted at the Integrated Medicine for the Underserved 7th Annual Conference, Chicago, IL.


Protect Pregnant Women WITH Research, Rather than From It!

Katherine Wisner, MD attended the NICHD-sponsored Task Force on Research Specific to Pregnant Women and Lactating Women (PRGLAC), which is an initiative across all DHHS-supported programs to advise the Secretary of Health and Human Services regarding gaps in knowledge and research on safe and effective therapies for pregnant women and lactating women. PRGLAC is tasked with identifying these gaps and will report its findings back to the Secretary.

The OPTI-MOM program is designed to track SSRI-treated women with depression across pregnancy and postpartum while monitoring plasma levels monthly to determine changes in dose requirements that are needed across pregnancy. Please send your pregnant patients taking an SSRI—we provide monitoring information to the prescribers, who maintain the patient in treatment. This is an observational study and we provide consultation!

New grant: Sex/Gender Influences Administrative Supplement to Cognitive-Affective Substrates of Smoking: Targets for Maternal Behavior Change (3K23DA037913-03S1: PI Massey)


O’Donnell, Philip C (PI): Circuit Court of Cook County; Contract Extension for integrating the Issac Ray Center; Contract #1753-16842.

Salina, Doreen (PI): Northwestern Memorial Hospital (Evergreen); Gender Responsive Trauma Informed Treatment for Justice Involved Women.

If you would like information on how to get a photo or information in the newsletter, please contact Rachel Rodriguez at rrodrig3@nm.org