

The Inward Eye

The official newsletter of the Department of Psychiatry and Behavioral Sciences Northwestern University Feinberg School of Medicine

In this newsletter you can expect:

Mission Updates

Celebrating our Graduates

Department Spotlight

Research Seminar Series













News

Department Spotlight

Clinical Updates

Latest Research by Psychiatry Faculty

Education Updates in the Department

Celebrating our Graduates

Features

Psychiatry Enhances Collaborative Behavioral Health Program for Enhanced Patient Care:

Lisa Rosenthal, MD

Measuring Multidimensional Aspects of Health: Results from the ARMADA Study: **Sandra Weintraub**, **PhD and Tatiana Karpouzian-Rogers**, **PhD**

Neural Mechanisms May Serve as Therapeutic Target for Depression: Vijay Mittal, PhD and Stew Shankman, PhD

Experts On Aging Reveal The 5 Major Habits That Will Improve Your Longevity: **Tamar Gefen, PhD**

Feinberg Honors Day Speaker & George H. Joost Teaching Award Recipient: **Michael Marcangelo MD**





Thresholds at 65: The Future is Bright

Inger Burnett-Zeigler, PhD — Clinical Psychologist and Associate Professor of Psychiatry and Behavioral Sciences

Inger Burnett-Zeigler, PhD was a spotlighted speaker at the annual Thresholds gala, where they celebrated 65 years of providing home, health, and hope for thousands of individuals with mental health and substance use conditions. With 600 attendees, the event raised over \$1.2 million for mental health services.



Please visit Thresholds website to learn more about this event.

Reality star speaks out about experiencing postpartum depression as a dad

Good Morning America

Dr. Sheehan Fisher, a perinatal clinical psychologist specializing in fathers' mental health, was recently interviewed and quoted in a Good Morning America article titled "Reality TV star speaks out about experiencing postpartum depression as a dad." In the article, Dr. Fisher emphasizes the significance of high-profile figures speaking out about postpartum depression, highlighting that it can help normalize this experience for men, similar to how women's voices have normalized postpartum depression.

Sheehan highlighted that men are particularly vulnerable to depression and anxiety during the perinatal period, with the highest risk three to six months post-birth, though it can start as early as conception. PMAD includes various mental health struggles new parents face, influenced by biological, environmental, and genetic factors. Dr. Fisher added that modern fathers face unique challenges, balancing increased childrearing involvement with work responsibilities without a clear blueprint.

Check out the full article on Good Morning America's website.

Sheehan D. Fisher, PhD
Perinatal Clinical Psychologist,
Assistant Professor of Psychiatry and
Behavioral Sciences, and Associate Dean for
Diversity and Inclusion at The Graduate
School



New Faculty & Staff



Jenna Levinson, LCSW Therapist (Arkes 11)



Basar Cenik, MD, PhD Psychiatrist



Yu (Jenny) Zhang, MD, PhD Psychiatrist



Karen Olvera, LCSW Clinical Leader - CBHP



Stacey Meyers, PhD Advanced Practice Registered Nurse



Tataneshia Middleton Intake Coordinator



Michael Benko Neuropsychology Technician



Sloane Pasco Peer Support Specialist



Jessica Joy, LCSW Behavioral Care Coordinator



Shannon Hill, LCSW Behavioral Care Coordinator







Supporting Community and Building Team Spirit

Lori Yoder, LCSW Manager



May 17, 2024: The Social Work team volunteered at Nourishing Hope Chicago, whose purpose is to "Help neighbors overcome hunger, improve mental wellness, and build for the future." The SW team, that provides so much support to our patients, finds it very rewarding to serve our community in a different way as a team building experience. Please thank them when you see them!



REPP Group's Museum Days

Learn more about how REPP is impacting lives on page 9

Sloane Pasco and Akinele Reece Peer Support Specialists



Duo MFA Changes Coming on July 10 Posted Date: May 20, 2024



Northwestern IT's Multi-factor Authentication (MFA) Enhancement project aims to improve security against evolving cyberattacks by disabling SMS text and phone call passcodes and enabling Duo's new Verified Push on July 10.

An email was sent on May 16 to all students, faculty, staff, and affiliates about these changes. If you're using the Duo app version 4.16+ on Android or 4.17+ on iOS, no action is needed now. The user experience will remain the same until Verified Push is enabled. For more information, check the Knowledge Base article or download the Duo app from the Apple App Store or Google Play.

SMS Text Message Passcode and Phone Call Users Should Act Now

The most significant change is for anyone currently using SMS text message passcodes or phone calls to authenticate into University systems and applications. These users should switch to the Duo Mobile app as soon as possible to avoid any interruption to their access. The Northwestern IT Knowledge Base provides detailed information on text message_passcodes and phone calls. Users can also contact the Northwestern IT Service Desk at consultant@northwestern.edu or 847-491-4357 (1-HELP) for assistance.

"The Duo Mobile app is the supported solution for MFA at Northwestern," said Brandon Grill, senior director of technology planning and security in Northwestern IT. "Cybercriminals continue to innovate and refine their attempts to phish for information and credentials. As a community, we must remain vigilant and do everything we can to protect our systems and the data within them."

What is Verified Push?

Verified Push introduces a new verification code solution for Duo Push. It provides additional security against push harassment and fatigue attacks by asking users to enter a verification code while approving an authentication request. When enabled, users logging into an application that requires MFA will see a numeric code six digits in length in the prompt (see the sample image). This code must then be entered to approve the Duo Push request on your authentication device. This change in method ensures you cannot accidentally approve login requests.

Is Duo Push the Only Option for MFA?

As a reminder, the Duo Mobile app is the supported solution for MFA. If the Duo app cannot be used, other options are available. Learn more about <u>alternate MFA solutions</u>.

Support Options

Users can direct questions about MFA or switching to the Duo Mobile app to IT staff in the schools and units or to the Northwestern IT Service Desk at consultant@northwestern.edu or 847-491-4357 (1-HELP). The University community will also receive multiple email reminders before the change takes effect on Wednesday, July 10.







Staff Highlight!

We're excited to introduce our new Staff Highlight section in this newsletter! Each month, we'll feature a dedicated spotlight on one of our outstanding team members, celebrating their contributions and achievements within the Department of Psychiatry.



Lauren Walker, Occupational Therapist

What is your title? How do you define your role?

In the clinic, I wear multiple hats. Primarily, I am an Occupational Therapist, but I also co-direct the REPP clinic and direct the Focused Forward program. I help clients, mainly young adults, engage in meaningful activities to enhance their quality of life, set self-directed goals, and develop skills for work, school, relationships, and independent living. I supervise students, see clients individually and in groups, attend team meetings, and consult with colleagues. Administratively, I lead quality improvement projects, gather and analyze program data, supervise staff, and develop a peer support program and a system for tracking client progress.

What motivates you in your work?

I think most clinicians would say this, but seeing the progress that my clients make keeps me motivated. I can't tell you how excited I get when they find a job, successfully pass a class, or go on their first date since starting treatment!

Can you share something personal about yourself (e.g., hobbies, interests, a fun fact)?

I feel like I'm a jack of all trades, but probably a master of none – I have a ton of hobbies: Ceramics, Crocheting, Boxing, Rock Climbing. Outside of hobbies, I'm usually lounging around the house with my husband, Sam, and our 12-year-old pup, Flora. If we're not at home, we're usually out trying a new restaurant and avoiding cooking.

Is there anything else you'd like to share with the newsletter readers?

Occupational Therapy is a really broad field and it's hard to summarize in one paragraph, but I love talking about it! If you have any questions related to OT, the REPP program, or the Focused Forward program, please feel free to reach out at lwalker3@nm.org or come find me in Consult Room 60, 11-194



Eric Montenegro, Education Coordinator

What is your title? How do you define your role?

I'm an Education Program Coordinator, which means I'm responsible for managing and coordinating educational programs, handling scheduling and logistics, developing content, tracking program effectiveness, addressing student and staff needs, ensuring compliance, and fostering a supportive learning environment.

What motivates you in your work?

I have always wanted to be involved in public service and was on the verge of becoming a Chicago police officer. I passed the tests, but ultimately decided to rescind my application at the last minute. Instead, I pursued a career in the mental health field, where I have worked for about 10 years.

Can you share something personal about yourself (e.g., hobbies, interests, a fun fact)?

When I have a break from work, I enjoy going out to run and bike with friends. I'm usually accompanied by my wife and our two kids; Finnegan, who is 5 years old, is a little engineer who loves building marble runs and elaborate domino walls, while Nora, who is 2 years old, aids and/or destroys.

Coordinator Accomplishment

I created an annual workflow with a detailed timeline of our program from July (Q1) to June (Q4) and presented it at AADPRT. It felt great to have programs across the country asked for my template.





An Interview With Howard B. Chrisman, MD, and Gaurava Agarwal, MD: Mental Health for the Healthcare Workforce



Gaurava Agarwal, MD, chief wellness executive and vice president of Northwestern Memorial HealthCare, interviewed Howard B. Chrisman, MD, president and chief executive officer of NMHC, about how healthcare systems can support mental health. The interview is included as a resource available in the <u>Frontline Connect toolkit</u>, which is made available by the Center for Workplace Mental Health, an initiative of the American Psychiatric Association Foundation.

The toolkit includes strategies to improve access to mental health services and support for healthcare workforces. Dr. Agarwal was selected as the well-being and mental health expert for this toolkit.

In the interview, Dr. Chrisman and Dr. Agarwal discuss changes that have been made at Northwestern Medicine to support mental health, including providing an enhanced <u>Employee Assistance Program</u> and peer support.

The changes support NM's goal of providing a better work environment that promotes well-being. This goal, part of the NM 2035 Strategic Plan, aims to:

- Redesign processes and roles to create a stable and sustainable workplace.
- Create the safest-possible environment in health care for the NM workforce.
- Attract, develop and retain top talent.

"In order for us to be able to provide the care we want to provide to others, we have to care about individuals themselves. It's not just their own well-being, but the well-being of their families and their friends," says Dr. Chrisman. "The more we can help — not just the individual but those that surround the individual — with resources, the healthier the climate we will have here at Northwestern Medicine."

Listen to the 21-minute recording. View a text-based, accessible version of the audio recording.

Measuring Multidimensional Aspects of Health: Results from the ARMADA Study

via Archives of Clinical Neuropsychology

Tatiana Karpouzian - Rogers, Sandra Weintraub

The ARMADA study aimed to create a computerized test battery (NIH Toolbox) for evaluating memory, thinking, emotions, motor skills, and sensations in people with different cognitive abilities, from normal cognition to dementia. The study looked at individuals with normal memory, those with mild memory issues (not yet interfering with daily life), and those with dementia (experiencing memory and daily life problems). The results revealed that the NIH Toolbox effectively distinguished these groups, showing that people with Alzheimer's-type dementia had more memory and daily life changes, while those with mild memory problems showed cognitive difficulties not impacting daily activities, and those with normal memory performed best in all areas. The NIH Toolbox is widely used throughout the US and was developed here at Northwestern by Richard Gershon and Sandra Weintraub in the Department of Medical Social Sciences and the Department of Psychiatry. Learn more about the NIH Toolbox: nihtoolbox.org.







Experts On Aging Reveal The 5 Major Habits That Will Improve Your Longevity

Huffpost

<u>Tamar Gefen</u>, PhD, Assistant Professor with the Department of Psychiatry and Behavioral Sciences and the Mesulam Center for Cognitive Neurology and Alzheimer's Disease at the Feinberg School of Medicine, noted that "there is no special trick to becoming a SuperAger — at least not yet."

Remaining healthy and sharp as we age is a common goal, and one group, known as "SuperAgers," excels in this. Researchers at Northwestern University define SuperAgers as adults over 80 with the memory capacity of those at least three decades younger. Unlike those with merely good longevity, SuperAgers exhibit less brain volume loss, making their brains resemble those of much younger people. To learn more about this research, visit HuffPost's official article and <a href="Learn more about the Mesulam Center's research here.



Neural Mechanisms May Serve as Therapeutic Target for Depression

Breakthroughs for Physicians

A recent study published in Molecular Psychiatry has uncovered previously unknown alterations in neural connectivity that contribute to psychomotor disturbances—slowing or reduction in movement—in individuals with major depressive disorder (MDD). This discovery could pave the way for new treatments targeting motor functions and improve the precision of depression diagnosis and therapy.

"There seems to be a clear underlying pattern of brain connectivity tied to these motor features and subtypes of depression," said Vijay Mittal, PhD, professor of Medical Social Sciences, Psychiatry and Behavioral Sciences, and Brain Science at Northwestern University, who co-authored the study. Stewart Shankman, PhD, professor of Psychiatry and Behavioral Sciences, also contributed to this research.

According to the World Health Organization, approximately 280 million people globally suffer from MDD, experiencing symptoms such as disrupted sleep, poor concentration, low self-worth, and psychomotor disturbances. Up to 70% of those with MDD face psychomotor disturbances, either as psychomotor retardation or agitation.

For more detailed insights, read the full article at <u>Breakthroughs for Physicians</u>.





Vijay Mittal, PhD and Stew Shankman, PhD

Pathway to Medicine: The MD Who Hadn't Decided to Be a Doctor

Diversity & Inclusion: Pathways

Dr. Franklin recently sat down for an interview with Feinberg to share his remarkable life story and the unconventional path that led him to where he is today.

Dr. Franklin, the son of a WWII veteran and first-generation high school graduate, initially pursued a career in acting before discovering his passion for academics and medicine. His journey took him from the vibrant streets of New York City to the halls of Michigan State, where he earned a zoology degree, and eventually to the University of Michigan Medical School.

Despite facing numerous challenges and moments of self-doubt, Dr. Franklin persevered and found his calling in psychiatry. His experiences, including personal family tragedies and a struggle with the demands of medical training, have shaped his compassionate approach to patient care and medical education.

Today, Dr. Franklin is dedicated to supporting medical students, helping them navigate the complexities of their training while addressing the emotional and psychological aspects of their journeys.

To read the full article and learn more about Dr. Franklin's inspiring story, visit <u>Diversity and Inclusion's Pathways</u>.

John Franklin, MD, MSc, MA, Associate Dean for Minority and Cultural Affairs









Stay Updated on Summer Events Near NM Facilities

NASCAR Chicago Street Race

- July 6 and 7
- Grant Park
- 100,000 attendees in 2023 (more expected this year depending on weather)

Lollapalooza

- August 1 4
- Grant Park
- 400,000 attendees each year

Chicago Air and Water Show

- August 10 and 11
- North Avenue Beach
- 1 million viewers

Democratic National Convention

- August 19 22
- United Center and McCormick Place
- 5,000 to 7,000 delegates

Sueños Music Festival

May 25 and 26, Grant Park

Chicago Pride in the park

• June 22 and 23, Grant Park

Republican National Convention

- July 15 18 Milwaukee,
 WI
- Local protests are possible and some attendees may stay in Chicago

Mexican Independence Day

 Mid-September (the holiday is September 16, but events span several days and locations)



Upcoming NM Days

NM Day with Six Flags Great America Friday, July 19, or Saturday, July 20 - Gurnee

Spend a fun-filled day with your colleagues, friends and family at Six Flags Great America and Hurricane Harbor Chicago. Two parks for the price of one!

<u>Buy tickets and learn more</u>. Enter promo code "NMDAY" to receive the NM discount. Valid only for July 19 or July 20. <u>View detailed ticket purchase instructions</u>.

Six Flags Great America and Hurricane Harbor Chicago are located at 1 Great America Parkway in Gurnee.

Special Ticket Offers

- Each admission ticket will include access to both Six Flags Great America and Hurricane Harbor Chicago
- A complimentary parking ticket is included with each admission ticket

For questions, please visit <u>sixflags.com/greatamerica/help</u> to view the park FAQ or chat with a customer service agent.

NM Day with the Kane County Cougars Saturday, August 17, at 6:30 pm - Northwestern Medicine Field

Special Ticket Offers

- Each ticket purchased will include a \$10 concession voucher
 - Pick up at Northwestern Medicine Table located on the concourse behind section 109, near Gate 3.
- Ticket purchasers will have a chance to win raffle prizes.

Additional Game Features

- Post-game fireworks
- All guests can run the bases after the fireworks show (weather permitting)
- Pre-game concert by <u>Prairie Station</u> in the Music Garden (5 pm 6 pm)
- Country Music Night
- Circus Entertainer Grace Good will perform fiery stunts

Buy tickets and learn more.

For questions and to purchase tickets for a group of 10 or more, please contact Amy Mason at 630.232.8811 or amason@kanecountycougars.com.



Psychiatry Enhances Collaborative Behavioral Health Program for Enhanced Patient Care

The department of psychiatry's Collaborative Behavioral Health Program (CBHP) has been invited to expand to primary care throughout Northwestern Medicine! CBHP was launched as a pilot project in one primary care clinic in 2016, and then expanded to 16 Primary Care locations in the central and north regions. Within the next few weeks, 54 additional locations will integrate psychiatric care for depression and anxiety within primary care through CBHP.

CBHP follows the population health concepts essential to the collaborative care model (CoCM):

- Patients who screen positive for depression or anxiety are referred by their primary care physicians to CBHP for further screening. Population screening is critical to the aims of CoCM.
- Referred patients are rapidly engaged by an LCSW behavioral care coordinator for further diagnostic assessment.
- Every patient is discussed with a collaborating psychiatrist, who helps create a treatment plan that is then implemented by the behavioral care coordinator and primary care physician.
- CBHP follows patients over time, treating them "to target" full recovery by regular re-screening and modifying interventions.

The program utilizes evidence-based treatments, including psychotherapies and medication management.

CBHP's successes are attributed to collaborative team-based care, involving LCSWs, primary care physicians, psychiatrists, medical assistants, nursing staff, IT, quality oversight, operations support, and leadership. As an early adopter of the CoCM model, CBHP's physician leadership has been nationally recognized, contributing to multiple academic achievements. Northwestern Medicine is working to reduce stigma and integrate psychiatry within mainstream medicine.



Lisa J. Rosenthal, MD, Chief of Consultation Psychiatry and Associate Professor



Discover Dr. Rosenthal's 2021 appearance on <u>Better Edge</u> where she discusses the Collaborative Behavioral Health Program at Northwestern Medicine, and how the program is helping to address behavioral health access challenges that many patients face.

Northwestern Medicine Recovery from Early Psychosis Program (REPP)

In a recent episode of the Better Edge podcast, Dr. Yu (Jenny) Zhang, assistant professor of Psychiatry and Behavioral Sciences at Northwestern Medicine, shared insights about the Recovery from Early Psychosis Program (REPP). This innovative program supports young adults aged 18-26 who are experiencing significant psychosis symptoms that hinder their quality of life.

Dr. Zhang highlighted the program's "whole person" approach, which goes beyond medication management to include functional assessments, therapy groups, and peer support specialists. By fostering personal connections, encouraging social reconnection, and providing resiliency training, REPP empowers patients to navigate their unique paths. As the program evolves, it remains dedicated to early intervention and comprehensive care, helping young adults redefine their experiences and lead fulfilling lives.

<u>Listen to the full interview on the Better Edge podcast</u> to learn more about how REPP is making a difference in the lives of young adults.

Yu (Jenny) Zhang, MD, PhD Assistant Professor of Psychiatry and Behavioral Sciences







Latest Research by Psychiatry Faculty

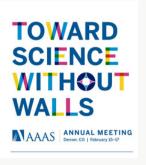
Presentations

2024 American Association for the Advancement of Science (AAAS) Annual Meeting

The 2024 AAAS Annual Meeting was held in Denver, Colorado, from February. Our own **Linda A. Teplin, PhD** presented her research on Reducing Firearm Violence, highlighting lessons from The Northwestern Juvenile Project.

The Annual Meeting theme, *Toward Science Without Walls*, explored the consequences of barriers that currently fragment our community, separating us by discipline, approach, institution, nation, access, wealth, seniority, race, and gender. Solutions were considered, and a seamless ecosystem that would drive more innovative, equitable, rapid, open science and technology was envisioned.

To learn more about this research, visit the <u>Health Disparities</u> and <u>Public Policy</u> webpage.







The Northwestern Juvenile Project

The Northwestern Juvenile Project is the first large-scale longitudinal study of psychiatric disorders and related outcomes of juvenile detainees. Between 1995 and 1998, 1829 participants were randomly sampled and interviewed at intake to juvenile detention. Participants have been re-located and reinterviewed up to 13 times. The study is ongoing.

Articles on the Northwestern Juvenile Project are published in prominent journals that are broadly distributed, and address varied topics such as psychiatric disorders, comorbidity, service utilization, and firearm violence. Findings are used to advance public health policy and have been cited in amicus briefs to the Supreme Court, presented in congressional hearings and Surgeon General reports, and widely disseminated by federal agencies and advocacy groups.

A recent spin-off study, Next Generation, interviews the original participants from the Northwestern Juvenile Project and their children, investigating the variables that predict resilience in at-risk youth.

Faculty Profile: Leiszle Lapping-Carr, PhD



Improving Perinatal Health and Care for Sexual and Gender Minorities

Leiszle Lapping-Carr, PhD, '19 GME, an assistant professor of Psychiatry and Behavioral Sciences in the Division of Psychology, is dedicated to enhancing perinatal health and care for sexual and gender minorities. Her clinical care and research focus on sexual and relationship health during the perinatal period, employing mixed methods approaches to explore the experiential aspects of this critical time. This includes addressing mental health concerns, relationship dynamics, and sexual functioning. Dr. Lapping-Carr's faculty profile was recently featured in Northwestern's Breakthroughs newsletter.

To read the complete article, please visit feinberg northwestern.edu.





Grants

Development and Preliminary Trial of a Digital Transdiagnostic CBT Intervention for Transgender Adolescents

Project period: 05/01/2024 - 03/31/2027

Principal Investigator: Diane Chen, Ph.D.

Co-Investigators: Claire Coyne, Ph.D., Ashley Knapp, Ph.D., Lisa Kuhns, Ph.D. **Agency**: National Institute of Mental Health (NIMH), National Institute of Health

A 28-Year Longitudinal Study of Victimization and Perpetration of Violence in High-Risk

Project period: 01/01/2024 -12/31/2025

Principal Investigator: Linda A. Teplin, Ph.D.

Co-Investigators: Karen M. Abram, Ph.D., Leah J. Welty, Ph.D. **Agency:** National Institute of Justice (NIJ), Department of Justice

Latest Publications by Research Faculty

Fisher, D. W., Dunn, J. T., & Dong, H. (2024). Distinguishing features of depression in dementia from primary psychiatric disease. Discover mental health, 4(1), 3. https://doi.org/10.1007/s44192-023-00057-y

Fisher, D. W., Dunn, J. T., Keszycki, R., Rodriguez, G., Bennett, D. A., Wilson, R. S., & Dong, H. (2024). Unique transcriptional signatures correlate with behavioral and psychological symptom domains in Alzheimer's disease. Translational psychiatry, 14(1), 178. https://doi.org/10.1038/s41398-024-02878-z

Ferreira, A., Harter, A., Afreen, S., Kanai, K., Batori, S., & Redei, E. E. (2024). The WMI Rat of Premature Cognitive Aging Presents Intrinsic Vulnerability to Oxidative Stress in Primary Neurons and Astrocytes Compared to Its Nearly Isogenic WLI Control. International Journal of Molecular Sciences, 25(3), 1692-. https://doi.org/10.3390/ijms25031692

Ji, M. T., Pashankar, N., Harter, A. M., Nemesh, M., Przybyl, K. J., Mulligan, M. K., Chen, H., & Redei, E. E. (2024). Limited WKY chromosomal regions confer increases in anxiety and fear memory in a F344 congenic rat strain. Physiological genomics, 56(4), 327–342. https://doi.org/10.1152/physiolgenomics.00114.2023

Lapping-Carr, L., & Pappa, M. L. (2024). Evidence for the Impact of Stress and Trauma on Sexual Function in Women. Obstetrics and Gynecology Clinics of North America. https://doi.org/10.1016/j.ogc.2024.02.003

Mathias, P., Corathers, S. D., Carreon, S. A., Hilliard, M. E., Papadakis, J. L., Weissberg-Benchell, J., Raymond, J. K., Pyatak, E. A., & Agarwal, S. (2024). Young Adults with Type 1 Diabetes. Endocrinology and metabolism clinics of North America, 53(1), 39-52. https://doi.org/10.1016/j.ecl.2023.09.001

Rajagopal, L., Huang, M., Mahjour, S., Ryan, C., Elzokaky, A., Svensson, K. A., & Meltzer, H. Y. (2024). The dopamine D1 receptor positive allosteric modulator, DETQ, improves cognition and social

interaction in aged mice and enhances cortical and hippocampal acetylcholine efflux. Behavioural Brain Research, 459, 114766. https://doi.org/10.1016/j.bbr.2023.114766

Szalanczy, A. M., Fitzpatrick, M., Beeson, A., Bui, T., Dyson, C., Eller, S., Landry, J., Scott, C., Grzybowski, M., Klotz, J., Geurts, A. M., Weiner, J. L., Redei, E. E., & Solberg Woods, L. C. (2024). Chronic stress from adolescence to adulthood increases adiposity and anxiety in rats with decreased expression of Krtcap3. Frontiers in Genetics, 14, 1247232–1247232. https://doi.org/10.3389/fgene.2023.1247232

van de Grift, T.C., Dalke, K. B., Yuodsnukis, B., Davies, A., Papadakis, J. L., & Chen, D. (2024). Minority stress and resilience experiences in adolescents and young adults with intersex variations/differences of sex development (I/DSD). Psychology of Sexual Orientation and Gender Diversity. https://dx.doi.org/10.1037/sgd0000690. [Epub ahead of print 2/8/24]





2024 Commencement Ceremony

Friday, June 14th, 2024 5:00 - 7:00PM

Prentice Women's Hospital 245 East Chicago Avenue Harris Family Atrium 3rd Floor

We look forward to celebrating this special occasion with you!





Feinberg Honors Day

Fourth-year medical student **Julia Moss** was presented with the
Stephen M. Stahl Award for
Excellence in Psychiatry by **Sachin Patel, MD, PhD**, chair and the Lizzie
Gilman Professor of Psychiatry and
Behavioral Sciences.





Michael Marcangelo, MD, Professor of Psychiatry and Behavioral Sciences in the Division of Consultation Liaison Psychiatry, received the M3/M4 Clinical Teaching Award for excellence in teaching medical students in a clinical setting at Feinberg Honors Day.



Annual Medical Education Conference 2024

The Annual Medical Education Conference (AMEC) is the premier gathering for medical and premedical students in the U.S. and the Caribbean. In the vibrant setting of New Orleans, our residents and Dr. Franklin joined this event, which offered several days of innovative programming. With a focus on academic and clinical success, professional development, and personal growth, AMEC prepares attendees to become "clinically excellent, culturally competent, and socially conscious" physicians. This conference also provided invaluable networking opportunities with colleagues, physicians, medical school and residency program representatives, and partners from across the nation.



Research Seminar Series



UPCOMING TALKS:

SEPTEMBER 11TH, 2024



VIKAAS SOHAL, MD, PHD

Professor of Psychiatry UCSF Weill Institute for Neurosciences

OCTOBER 3RD, 2024



YARIMAR CARRASQUILLO, PHD

Investigator,
Pain and Integrative Neuroscience Branch of the
National Center for Complementary and Integrative Health (NCCIH)
at the National Institutes of Health (NIH)



M

PSYCHIATRY & BEHAVIORAL SCIENCES

2024 COMMENCEMENT CEREMONY

FRIDAY, JUNE 14TH, 2024 5:00 - 7:00PM

PRENTICE WOMEN'S HOSPITAL 245 EAST CHICAGO AVENUE HARRIS FAMILY ATRIUM 3RD FLOOR

M Northwestern Medicine®

Feinberg School of Medicine

Department of Psychiatry and Behavioral Sciences 676 North Saint Clair Street, Arkes Pavilion 11th Floor Chicago, IL 60611

psychiatry.northwestern.edu



Psychiatry and Behavioral Sciences Editorial Team

Department of Psychiatry and Behavioral Sciences updates are published quarterly for faculty, staff, and trainees of the department.

Designer

Editors

Alexander White

Herra Iqbal Michael Malcolm

Advisors and Contributors

Linda A. Teplin Cara Angelotta Will Cronenwett Jason Washburn Lisa Rosenthal Sandra Weintraub Sheehan Fisher Leiszle Lapping-Carr Tamar Gefen

Lisa Rosenthal Lori Yoder Mia Reed

Mia Reed Bethany Apa Doody

Stay Connected, Follow Us on our Social Channels!

Stay informed and up-to-date with the latest news, events, and insights from our department by following us on Instagram. Join our community and support mental health awareness!



@NMHCPsychiatry



@NMPsychiatry

